

Alton Redbirds Basketball



2022-2023 Parent Meeting
November 21, 6:30 pm, AHS Library

Coaching Staff

Head Coach - Dylan Dudley

21 years of experience

1600 wins,

38 conference titles,

2 national championships,

4 state titles,

28 pros

Bank presidents, teachers, farmers, administrators

Sullivan High School, Illinois College



Coaching Staff

Head JV Coach - JaQuail Townser

Head Sophomore Coach - Tony Bradley

Head Freshman Coach - Ethan Bray

Strength & Conditioning Coordinator -
JR Lawrence



My Why...



No Excuses

Be where you're
supposed to be
and be there
when you're
supposed to be
there!

Practice

- We will practice over Thanksgiving and Christmas break

Weights

- Two times a week during the season
- Three times a week off season

School

- We do NOT miss school
- We do NOT show up late to school

Injuries & Sickness

Injuries

- Call me
- Utilize our athletic trainer, Andy Renner
- Emergency room/doctor visit
- Game injuries

One Day Sickness

- No such thing as one day sickness



Transportation

All Redbirds basketball student-athletes will ride the bus to all away games.

Away games transportation

- Student-athletes may travel back with their parents only.
- Sign out sheet available after each game.



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Academic Success

No Ds or Fs

- Google Classroom/Skyward

Study Hall

- To Be Determined

Eligibility

- Coaches Discretion

How to succeed in school?

1. Show up everyday on time PREPARED
 - Chromebook, pen/pencil
1. Turn in all assignments
 - Late better than never
1. Engage your teacher
 - Hello, Hi
 - Answer one question

Program Fundraising

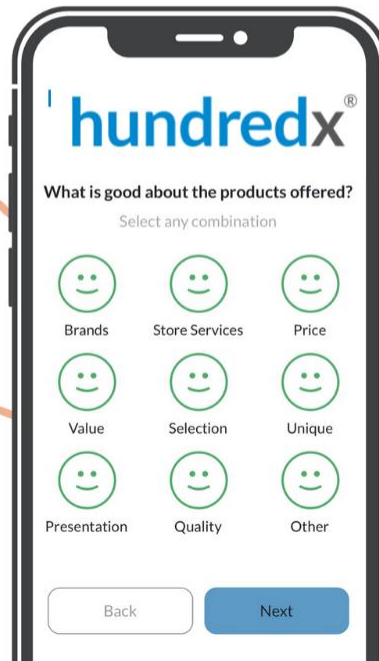
HundredX Campaign

- Each player responsible for \$300
- \$2 per review
- 10 people compete 15 reviews
- Each review takes ONE minute to complete
- Email is never shared

GIVE WITHOUT SPENDING

TEXT
"IMPACT"
TO 90412

Email
never
shared



Coaching Expectations

How we coach?

1. Tell 'em the truth
2. Attempt to love 'em more than you
3. Hold them accountable

What we expect from you?

1. Show up everyday
2. Tell the truth
3. Hold us accountable

It takes a village!

Player Expectations

#samedudeveryday

- Have a GOOD attitude and give a GREAT effort

Be a GREAT teammate

- People will forget what you said, people forget what you did, but people will NEVER forget how you made them feel

Be Tough, Compete, Have Fun

- Soft & Selfish will never play here

“Huddles, high fives, have fun!”

Playing Time

Your son will know why he is playing

Your son will also know why he is not
playing

Two issues in seven years

My job is to make my coach play me.

- Shane Battier

Parent Expectations

“I wish he would just be quiet!”

“She doesn’t even know what is going on.”

Clap your hands!

Positive voice!

Biggest fan!

The Team, The Team, The Team

Your son will not play if you want to coach from the stands

Your son will not play if you want to act out

“Does he really think I’m listening to him?”

“How embarrassing, right?”

“He really believes I’ll play better if he just yells like a fool!”

Program Needs/Wish List

Freshmen Uniforms \$1800

Sophomore Uniforms \$1800

Hudl Assist \$800

Dr. Dish , 2 total, \$8000

- Replace original Dr. Dish
- Trade in second machine for updated model

JV Uniforms \$1800

Program Building 101

How to build a program

1. Eliminate selfish people, players, families
2. Hold them accountable
3. Demand excellence
4. Have a plan

“Team Together”

Lessons in Leadership

Leadership 101

- Leadership does not come from meetings or books, it comes in your daily actions and the standards you fight for on a daily basis
- Leadership is a lonely place, comes with all things good and bad
- Conflict is never a bad thing when addressed properly
- This is not about being right or wrong

“If you want to make everyone happy or be friends with everybody go sale ice cream.”

No Skipping Steps

<https://twitter.com/aggiembk/status/1591059429054902273?s=51&t=wKiAHUPk7agXldXY0sfdrg>



ALTON HOOPS

